



RAISING RESILIENT TEENS IN CHALLENGING TIMES VIRTUAL PARENT PRESENTATION

Tuesday, October 26, 7:00 PM

The Society for the Prevention of Teen Suicide invites you to attend a virtual presentation to discuss some of the difficulties of parenting a teen in challenging times. Are you unsure how to bring up the topic of suicide, mental illness or substance use with your child? This presentation will help you to dispel common misconceptions, address the importance of talking to your child about identifying a "Trusted Adult", provide information on the warning signs of suicide and local resources, discuss the potential impact of current events, social media and more.

Enjoy an interactive panel of community experts:

- Susan Tellone, RN, BSN, CSN, MSN, SPTS Clinical Director and Panel Moderator
- Ajani Walden, Program and Research Consultant, Left Turn Village
- Maureen Underwood, MSW, LCSW, Co-Author of Lifelines Suicide Prevention Curriculum
- Dr. Guy Diamond, Ph.D, Associate Professor, Counseling and Mental Health, Drexel University
- Alan Fong, LCSW, Clinical Director at Valera Health

The opportunity to ask questions from the comfort of your own home is an invaluable aspect of this virtual night!

**Pre-registration for this event is required.
To register, please visit:**

<https://sptsusa.org/RRTpanel>

Presented by the Society for the Prevention of Teen Suicide and sponsored by Valera Health.

