

**Safe Return to School Health Practices  
Shore Regional High School District  
September 2022**

We encourage everyone to take necessary precautions to prevent the spread of all communicable diseases by monitoring their own health and staying home when they feel ill. Information is subject to change and will be updated on an as-needed basis. If you have any questions or concerns, please contact the Shore Regional High School Health Office or a school administrator.

**Summary of NJDOE and NJDOH Guidance and Recommendations for Current COVID-19 Protocols:**

- Encourage students and staff to stay home when sick.
- Encourage students and staff to stay up to date with vaccination.
- Weekly testing is no longer required.
- Provide information to parents, students, and staff on prevention strategies including testing and masking following illness and exposure.
- Enforce exclusion for those who are symptomatic or have tested positive for COVID-19 and other illnesses.
- Support mask use by students and staff who choose to mask at any time.
- For those individuals who test positive for COVID-19, regardless of vaccination status, and individuals with COVID-19 symptoms who have not been tested and do not have an alternative diagnosis from their healthcare provider, should quarantine and stay at home for at least 5 full days after symptom onset or after the positive test. Individuals who have no symptoms, or symptoms resolve after 5 days and are fever-free for 24 hours, can return to school and wear a mask for an additional 5 days. (Days 6-10).
- Routine cleaning and disinfecting schedules and high touch areas should continue to be monitored for additional cleaning throughout the building.
- Reinforce handwashing with soap and water for at least 20 seconds. Hand sanitizer stations should remain in place throughout the buildings and in classrooms. .
- Maintain district and NJDOH policies for reporting positive test results and illness.
- Implement control measures recommended by LHDs in response to clusters of cases (including increases in respiratory illness) and confirmed outbreaks.
- Continue to report outbreaks and suspected outbreaks immediately to LHDs.
- Follow NJDOH reporting requirements for all reportable diseases.