



## Team Sports Registration Checklist

### ○ **Online Registration:**

If you do not have a log-in at FormReLeaf, to get started, go to the Athletic Homepage of the school website and click on *Team Registration* or go directly to FormReLeaf.com and follow the directions 1 through 8 below. If you have a log-in at FormReLeaf from the previous season go directly to FormReLeaf, log in and start at #6 below.

1. Click on the “SIGN UP” link in the top right corner
2. Register as an individual and create your account
3. On the Top menu bar Select “Find Organization”
4. Search for Shore Regional and Click On “School Name”
5. Select the appropriate school
6. Click on the “Sport Season” you wish to register for
7. Click the appropriate sport, and fill in all relevant questions. (any question with a red star is required to complete registration)
8. When finished click “Submit”

- **History Form** – must be filled out by the patient and parent prior to seeing the physician; must be completed even if your valid physical is already on file with the school nurse. Hard copy **must** be handed in to Nurse Smith.

- **The Athlete with Special Needs: Supplemental History Form** – for a student with a disability that limits major life activities.

- **Physical Examination Form** - be completed **ONLY** by a licensed physician, advanced practice nurse (APN) or physician assistant (PA) that has completed the Student-Athlete Cardiac Assessment professional development module; must be conducted within 365 days prior to the first official practice in an athletic season. Hard copy **must** be handed in to Nurse Smith.

- Asthma Treatment Form – needs to be completed by your child’s doctor & parent. Hard copy form to be handed in to the nurse. Inhaler is expected to be with the student for ALL practices and games.

- Food Allergy Form – needs to be completed by your child’s doctor & parent. Hard copy form to be handed in to nurse, along with EpiPen which will be placed in the Sports Medkit.

- **Random Drug Testing Form (RDT)** – to be completed by student AND parent / guardian.

- **Opioid Use and Misuse Fact Sheet** – to be read in its entirety prior to completing sign-off sheet.

- **Opioid Use and Misuse Sign-off Sheet** – to be signed and submitted in hard copy form only.