

### **Athletic Training Protocols: Evaluation/Treatment**

1. Student-athletes must email the athletic trainer for evaluation/treatment time. No walk-ins
2. Evaluations are available during lunch periods (10:29am-10:55am and 11:57am-12:23pm). If an evaluation is to be done after school, during weekends/holidays/school closure it needs to be approved by the athletic trainer ahead of time via email.
3. Treatment times are available during lunch periods (10:29am-10:55am and 11:57am-12:23pm) and at the end of the school day (1:57pm-2:55pm) on a scheduled basis. Treatments to be done during weekends/holidays/school closure need prior approval from the athletic trainer via email.
4. Student-athletes must arrive prepared for evaluation/treatment. You will not be allowed to change.
5. When you arrive for a scheduled appointment, you must remain outside the athletic training room door. Temperature will be checked prior to entering the room. Please have anything you would need when you enter the room.
6. Students must wash their hands once they enter the athletic training room.
7. Only one student is allowed in the athletic training room at one time.
8. Telemedicine appointments will be available on virtual days. (MTRF-10:29am-10:55am and 11:57am-12:23pm) (W- 9:45am-10:25am)
9. In-season sports evaluations/treatments take priority over out-of-season sports evaluations.

\*These protocols are subject to change and are to be followed in addition to the current rules of the athletic training room

\*Social distancing and face coverings are required for all staff and students while inside the athletic training room, unless it would inhibit the individual's health.

### **Pre-game Athletic Training Protocols**

1. Pre-game treatments/evaluation (tape, brace, etc.) are to be done after school. Walk-ins are permitted for certain pre-game needs (ie wound care).
2. If you are to be taped, braced, padded you will need to receive prior approval from the athletic trainer.
3. One person allowed in the athletic training room at a time.
4. Extra water will be provided by the athletic trainer via water coolers. Water coolers will be placed at practice/game areas. Coolers may be brought to away contests.
5. Med-kits will be provided and may only be handled by coach or individual designated by coach to limit frequent touching of the med-kit

\*These protocols are subject to change and are to be followed in addition to the current rules of the athletic training room

\*Social distancing and face coverings are required for all staff and students while inside the training room, unless it would inhibit the individual's health.