



Shore Regional High School Team Sports Registration Checklist

- Online Registration:** Click Athletic Tab on the Shore Regional HS Website, then click on Team Registration and scroll down and click on Form ReLeaf.com.

If the physical on file is current for the first official day of practice.

- Health History Update Form** needs to be submitted. This form needs to be submitted each season as long as the physical on file is current. *If you are handing in a new physical with a history form, this form does not need to be submitted.*

If the physical on file is not current for the first official day of practice.

- Preparticipation Physical Evaluation: History Form & Physical Examination Form** needs to be submitted to the nurse. It will need to be cleared by our school physician. This process could take 5 working days to be completed. *The physical date on the form must be conducted within 365 days prior to the first official practice in an athletic season.*
 - Asthma Treatment Form:** needs to be completed by your child's doctor & parent if your child has **Asthma**. Hard copies can be submitted to the nurse. Inhaler is expected to be with the student for ALL practices & games. This medical form is valid for 365 days from the date on the form.
 - Food Allergy Form:** needs to be completed by your child's doctor & parent if your child has a **food allergy**. EpiPen &/or Auvi-Q needs to be brought in for the student as well. The medication will be placed in sports medkit to be with the athlete during practices & games. This medical form is valid for 365 days from the date on the form.
- The Athlete with Special Needs Supplemental History Form:** is submitted for a student with a disability that limits major life activities.
- Random Drug Testing Form (RDT):** *completed by student & parent & needs to be submitted.*
- Opioid Use and Misuse Sign-Off Sheet:** completed by student & parent and submitted after reading the Opioid Use & Misuse Fact Sheet.