



Shore Regional High School District

Monmouth Beach – Oceanport – Sea Bright – West Long Branch

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Principal

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To: Shore Regional High School Parents/Guardians/Families
Re: Community COVID-19 cases

As you are aware, recently there has been an uptick in confirmed cases of COVID-19 throughout our school community and our area. As the Shore Regional High School Health Office and/or administration is notified that members of our school community are positive for COVID-19, notification is sent to those who were identified as a "close contact". A close contact is someone who was within 6 feet of a confirmed case of COVID-19 for at least 15 minutes over a 24 hour period. Also the CDC's current guidance is that an infected person can spread COVID-19 starting 48 hours (or 2 days) before the person had any symptoms or tested positive for COVID-19. In addition, possible exposure notification has been sent to those individuals who had some contact with those COVID-19 positive Shore community members. In conjunction with this notification, ongoing communication is maintained with health department officials for guidance regarding school closure.

As always, but especially during this time, it is of high importance that school community members remain vigilant regarding symptoms and social distancing guidelines. Should anyone exhibit symptoms, he/she should contact a physician, stay home from school and notify attendance. **Should anyone test positive, he/she should notify our school health office by emailing psmith@shoreregional.org**

Our hope and intent is to maintain our hybrid format however, the situation will be monitored closely as we proceed through these upcoming days/weeks..

This notification is intended to remind our community of the preventative actions we should take to keep everyone safe. Take the following everyday steps to help avoid the spread of respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds.
- Cover your cough or sneeze with a tissue, throw the tissue away, and then wash your hands. Avoid touching your eyes, nose, and mouth.
- Clean and disinfect frequently touched objects or surfaces such as remote controls and doorknobs.
- Stay six feet away from others when possible.
- Wear a face covering, especially when unable to stay six feet apart.
- Stay aware of how you feel and stay home if you are sick.
- Call your doctor if you develop fever, cough, or difficulty breathing.

For more tips, visit www.cdc.gov.

Thank you for your continued support and understanding as we navigate through these difficult times.

Vincent DalliCardillo
Principal